



KATA SEMINAR

24th of March 2019
8:30am to 3:00pm

Grading and Kata Sub-Committee is hosting a Kata Seminar on *Sunday 24th of March 2019*.

Seminar content: Nage No Kata, Katame No Kata
Exercises: Tendoku- Renshu and Tai Sabaki

Participants must be at least
Senior Orange belt or Junior Green belt

Schedule:

- ◆ 08:30am to 11:30am Morning session
- ◆ 11:30am to 12:30pm Lunch break
- ◆ 12:30pm to 3:00pm Afternoon session

Lunch is included in \$40 event fee

To register please click on the link below or scan the code.

Registration closes on Friday 22nd March 2019

Venue

Nelson Total Judo Academy:
45 Clarence St, Coorparoo



Link: <https://goo.gl/4n9Dp7>

Event Fee \$40
Including Lunch

Payment to be made to JQ
BSB: 484-799
ACC: 502009706
Reference: Your Name

Instructors:

Maurice Mirabito 6th dan
Paul Nelson 5th dan
Geoffrey Watson 5th dan
Zel Goldman 3rd dan
John Harvey 3rd dan
Srdjan Andjelkovic 3rd dan

The seminar starts promptly at 8.30am
Please be ready on the mat!